

Title

Decision taking from all angles

Authors

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Background

There are many different ways to do the decision taking about the use of hormones or surgery. In this workshop we want to explore all angles of the current model and/or the informed consent model.

Aim(s)

To rethink the current models and give transgender people as much freedom as possible to make their own choices.

Methods

We want to rethink the current model and the informed consent model from all angles by asking ourselves the following questions:

- * Why do (some, not all) transgender patients want to get rid of gatekeeping psychologists?
- * Why do many GP's the decision taking on their own and don't they require a psychologist?
- * Why do many endocrinologists or surgeons think they need papers of psychologists? What do they expect the psychologist to check (or to do)? What do psychologists check (or do) and is this the same?
- * Why do psychologists think they add value by forcing themselves in the process of transgender people?
- * What are the problems that patients face in consensus driven decision taking models of gender teams?

Main Outcome Measures

After this workshop GP's, endocrinologists, surgeons may trust themselves better to go and do the decision taking on their own instead of needing psychologists or needing consensus driven structures within gender teams.

Psychologists may refuse to do any gatekeeping anymore and will convince GP's, endocrinologists, surgeons to rethink the current model and help them to do the decision taking on their own.

We, as a workshop, might think of recommendations to the WPATH when it comes to the next Standards of Care?

Results

Better decision taking, less duration of decision taking. More responsibility for individual patients. Less stress for patients during gatekeeping activities.

After this workshop we will launch the website www.StopGatekeeping.nl with the presentation and a summary of the workshop.

Conclusion

We, as the "better assumptions" facebook-group, faced many problems in the current model. We think that gatekeeping psychologists and consensus based decision taking in genderteams have big disadvantages.

We need care giving psychologists who offer their help based on a "free to use, free not to use my services"-model. We don't need the help of people who think that they are so great that transgender people cannot do without them, even if they want to. Because we should be able to prove these psychologists wrong!

Track

Workshop

Topic Areas

- Decision-making and informed consent

Please indicate if your study has an ethical approval

No

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No

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